



Breakfast Favourites

Served All Day

Breaky Quesadillas 19.5

Scrambled eggs, cheese, fresh tomato, a hint of smoked paprika and chipotle mayo all folded into a toasted spinach tortilla.
+ Bacon 4.00

Joy Avo On Toast 18.5

Creamy smashed avocado on toasted multigrain sourdough, topped with Greek infused feta, cherry tomatoes, toasted mixed seeds finished with a drizzle of balsamic glaze, and fresh lemon
+ Poached Egg 3.5
DF, V and GF Option available

Scrambled Croissant 19

A warm croissant stuffed with baby spinach, fresh tomato slices, soft scrambled eggs, crispy fried shallots, and pesto sauce.
+ Bacon 4.00

Mushroom Bruschetta 18.5

Toasted multigrain sourdough topped with buttery Portobello mushrooms, cherry tomatoes, infused feta, basil pesto, and a drizzle of balsamic glaze.
+ Poached Egg 3.5

Acai Power Bowl 18.5

Organic Acai with premium granola, topped with fresh banana slices, crisp apple, strawberries, shredded coconut, and vibrant drizzle of passionfruit coulis.
Add peanut butter 2

Eggs Benedict 23.5

Two poached eggs layered on toasted multigrain sourdough with fresh baby spinach and creamy hollandaise. Choice of: Bacon, Ham, or Halloumi

Big Breakfast 27.5

Generous plate featuring two eggs your way, crispy bacon, grilled halloumi, sauteed Portobello mushrooms, wilted spinach, hashbrown, grilled tomato, and multigrain sourdough toast.
Add sliced avocado 4

Eggs Your Way 13.5

Poached, scrambled, or fried eggs on your choice of toast.
+ Bacon 6
+ Avocado 4.5
+ Mushrooms 6
+ Hash brown 3.5
+ Grilled Tomato 4.5
+ Halloumi 7

Toast 8.5

Two slices of: Multigrain sourdough, Turkish bread, White bread, or Gluten-Free. Served with: Butter, Honey, Vegemite, Strawberry Jam, or Peanut Butter.
+ Avocado 4.5
DF, V, VG and GF Option available

Classic Rolls

Served All Day

+ Gluten-free bread 2.00

Bacon and Egg Roll 12.5

Crispy bacon and perfectly fried egg on your choice of sauce: BBQ, tomato, aioli, chipotle mayo, or hot chilli.
+ Tomato relish or hollandaise 1.00
Double Bacon and Double Egg 17.5

The Great Roll 18.5

Streaky bacon, fried egg, creamy smashed avocado, golden hash brown, and melted cheese on a soft damper roll with BBQ sauce. Big, bold & seriously satisfying.

BLT on Turkish 13.5

Crispy bacon, iceberg lettuce, and sliced tomato layered on toasted Turkish bread with aioli.
+ Egg 3.5 / + Avocado 4

Mush Roll 18.5

Juicy grilled Portobello mushroom, fried egg, spinach, smashed avocado, all nestled in a soft damper roll with tomato relish

Coffee & Tea

Coffee

Regular 5.2 / Large 6 / Jumbo 7

Cappuccino / Flat white / Latte / Long Black / Chai latte / Hot Chocolate
+ Mocha 0.50
+ Dirty chai 0.50

Espresso 3.5 / Piccolo or Macchiato 4.5

Iced Long Black 5.5

Iced Latte 6.5

Extra shot of coffee +0.80

Alternative milk +1.00

(Almond, soy, oat or lactose free)

Syrup Flavour +1.00

(Caramel, Vanilla or Hazelnut)

Sticky Chai (Prana) 7

A fragrant blend of chai leaves brewed into aromatic whole premium spices with your choice of milk

House Teas 5.5

English breakfast, Earl grey, Peppermint, Green tea and Chamomile

Juices & Smoothies

Made to order our fresh drinks are bursting with natural flavours and packed with vitamins

REG LRG

Tropical Juice 8.5 / 11

Orange, Apple, Carrot and Ginger

Green Juice Detox 8.5 / 11

Apple, Celery, Spinach, Cucumber and Lemon

Classic Acai Smootie 12

A blend of Acai, banana and apple juice full of antioxidants & energy

Gym Recovery 12

A bright and zesty blend of Acai, lemon, ginger and apple juice

Superfood Protein Shake 12

Banana blended with linseed, sunflower, almond, milk and whey protein for a creamy and nutritious boost
+ Alternative Milk 1.00

Berry Power Shake 12

Mixed berries blended with vanilla yoghurt, shredded coconut, LSA protein and milk. Smooth, vibrant and energising
+ Alternative Milk 1.00

Caramel Iced Coffe 11

Double shot of coffee, blended with vanilla ice cream, sweet caramel, milk and ice

Sunrise Frappe 12

A refreshing blend of strawberry, mango, pineapple and kiwi a tropical burst of sunshine

Classic Smoothies 11

Choice of: Mango, Berry or Banana Real fruit blended with vanilla yoghurt and milk.
+ Alternative Milk 1.00

Milkshakes 7 / 9

Chocolate, Vanilla or Caramel
+ Make it a Thick Shake 2.00

Sides / Add Ons

Egg / Hash brown / Wilted Spinach 3.5

Grilled tomato / Avocado 4.5

Bacon / Mushrooms 6

Grilled Halloumi / Grilled Chicken / Rump Steak 7

Scrambled Eggs 8.5

Chips 6.5 / 9.5

Homemade Vinagrete (Brazilian Salsa) 2

Brewing
Happiness &
Spreading Joy

All day Lunch

Brazilian Lunch (PF) 24.5

Steamed white rice, seasoned black beans, golden farofa, crispy chips, fried egg and fresh garden salad; Served with your choice of protein: Rump Steak, Grilled Chicken, Crispy Fish or Grilled Halloumi.

Add Homemade Vinaigrette (Brazilian Salsa) 1.5
GF. DF and V Options available

Classic Joy Salad 21.5

Your choice of: Grilled Chicken, Halloumi or Portobello Mushroom. Mixed leaves, sliced avocado, steamed quinoa, cherry tomatoes, shredded carrots, and roasted mixed seeds tossed with homemade Asian dressing and teriyaki sauce.

GF. DF and VG Options Available

Japanese Rice Bowl 22.5

Your choice of: Chicken Schnitzel, Grilled Halloumi or Beef teriyaki Served with steamed white rice, fresh mixed lettuce, edamame beans, shredded carrots, cucumber slices, cherry tomatoes, and toasted sesame seeds, finished with Japanese dressing and house-made teriyaki sauce.

GF. DF and V Options Available

Fish and Chips 21.5

Crispy beer-battered flathead fillets with fresh garden salad, golden chips, zesty aioli, and a fresh lemon wedge.

Swap to vegan aioli for DF option

Chicken Parmi 26.5

Tender chicken breast parmi topped with rich homemade Napolitan sauce, smoky ham, and melted mozzarella cheese. Finished with a perfectly flame-torched to golden perfection. Served with fresh garden salad and crispy chips.

Angus Beef Burger 18.5

Juicy grilled Angus beef patty, crispy bacon, melted cheese, caramelised onions, iceberg lettuce, and fresh tomato with smoky BBQ and creamy aioli on a toasted milk bun.

Make it a combo +6 (chips & soft drink or water)

Grilled Chicken Burger 18.5

House-marinated chicken tenderloin, creamy smashed avocado, crispy bacon, melted cheese, iceberg lettuce, and sliced tomato on a toasted milk bun with smooth aioli.

Make it a combo +6 (chips & soft drink or water)

Chicken Schnitzel Burger 18.5

Crispy schnitzel breast, smashed avocado, iceberg lettuce, sliced tomato, melted cheese and aioli sauce

Make it a combo +6 (chips & soft drink or water)

Signature Wraps

Made to order with fresh ingredients

Make it a combo for +6 (chips & soft drink or water)

Joy Breaky Wrap 18

Crispy bacon and a perfectly fried egg, layered with creamy smashed avocado, baby spinach, melted cheese, fresh tomato slices, smoky BBQ sauce.

Halloumi Dreaming 19

Grilled halloumi meets a golden hashbrown, fried egg, smashed avocado, baby spinach, and fresh sliced tomato all wrapped with smooth aioli for the perfect morning bite.

Vegetarian

Hangover Breaky 19.5

The ultimate cure: crispy bacon, fried egg, golden hashbrown, caramelised onions, smashed avocado, baby spinach, melty cheese, creamy aioli, and a drizzle of bold BBQ sauce.

Crispy Fish Wrap 18.5

Beer-battered flathead fillets with creamy smashed avocado, crunchy iceberg lettuce, sliced fresh tomato, crisp shredded carrot, and aioli.

Swap to vegan aioli for DF option

Chicken Schnitzel Wrap 18.5

Crispy golden schnitzel paired with smashed avocado, melted cheese, mixed greens leaves, juicy tomato, shredded carrot, and garlic aioli.

DF option available

Portugese Chicken Wrap 18.5

Tender braised chicken cooked in our house-made Portuguese sauce, wrapped with smashed avocado, melted cheese, mixed lettuce, fresh tomato, and shredded carrot, finished with garlic aioli.

DF option available

Veggie Halloumi Delight 18

Grilled halloumi, fluffy steamed quinoa, smashed avocado, mixed lettuce, ripe tomato slices, and crunchy shredded carrot, finished with a creamy aioli sauce.

Vegetarian

Green Power Wrap 18

Steamed quinoa, smashed avocado, sautéed Portobello mushroom, mixed greens, ripe sliced tomato, crisp shredded carrot, and vegan garlic aioli, all wrapped in a soft spinach tortilla. Fresh, filling, and 100% plant-based.

Vegan & Dairy Free

Light Sandwiches

Ham, Cheese & Tomato 13.5

Toasted on Turkish bread

Salami Cheese & Pickle 14.5

Toasted on Turkish bread with Chipotle mayo

Chicken, Mayo & Lettuce 12.5

Freshly house made on buttered soft white bread

Ham & Cheese Crossiant 11.5

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Brazilian Specialties

Homemade Pastel 12

A traditional Brazilian crispy pastry filled with your choice of; Cheese Beef or Chicken and cream cheese

Add Homemade Vinaigrette (Brazilian Salsa) 1.5
DF and V Option available

Brazilian Cheese Bread 5

Cheesy ball made with GF tapioca flour, mozzarella and parmesan

+ Cream Cheese 1.50

+ Nutella 1.50

+ Ham & Cheese 2.00

Kids Meals

Avo on Toast 7.5

Smashed avocado on a white bread toasted

Ham and Cheese Toastie 11

Ham and melted cheese on a buttered white bread toasted

Scrambled Eggs & Bacon 13.5

Creamy scrambled eggs, crispy bacon and a white toast with butter

Fish & Chips 16.5

Crispy fish fillets with chips and tomato sauce

Kids Cheeseburger 16.5

Grilled beef patty with melted cheese, tomato sauce and side of chips



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Freshly Made In House

Muffin of the day 6.5

Available while supplies last
Soft homemade muffin available in a variety of flavours
Vegetarian

Chia Pudding 9.5

Creamy homemade chia pudding, lightly sweet, with Greek yoghurt, shredded coconut and a variety of seasonal fruit toppings

Vegetarian

Sweet Treats

Banana Bread 7.5

Toasted with butter

Pecan Chocolate Brownie 7.5

Served Fresh or Warm

Portuguese Tart 6

Served Fresh or Warm

FNG Bar 7

Caramel Slice 7.5

Protein Balls 5

Original or Protella
Original or Protella

Fridge Drinks

Spring Water 3.8

Sparkling Water 4.5

Soft Drinks 4

Coke / Coke Zero / Fanta / Sprite

Guaraná 4.5

Original / Zero

Sams Juices 7.5

Variety of Flavours

Peach Iced Tea 6.5

Ginger Beer 6.5

V Energy Drink 6

Powerade 6.5